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| |  |  |  | | --- | --- | --- | | **S.No.** | **Treks** | **Recommended** | | 1. | Baltoro – Gondokoro-Hushe : Concordia, K-2 B, Gasherbrum B, C & return by the same route, or cross Gondokoro or Vigne Pass, K-7 B.C., Hushe, Skardu or vice versa. | Restricted Zone | | 2. | Baltoro – Masherbrum Pass – Hushe : Skardu, Askole, Concordia, K-2 B.C., Gasherbrum B.C., Masherbrum Pass, K-7 B.C., Hushe, Skardu or Vice Versa. | Do | | 3. | Panmah Glacier – Sim Pass : Skardu, Panmah Glacier, Chiring Glacier, Drenmang Glacier, Nobande Sobande Glacier, Simgeng Glacier, Chaktoi Glacier, Sim Pass, Simgang Glacier, Snow Lake & down to Askole via Biafo Glacier or to Nagar via Hispar Glacier, or vice versa. | Restricted Zone | | 4. | Hispar Pass : Skardu, Askole, Biafo Glacier, Snow Lake, Hispar Pass, Hispar Glacier, Nagar,  Gilgit or vice versa. | Open Zone | | 5. | Lukpo Pass : Skardu, Askole, Biafo Glacier, Snow lake, Simgang Glacier, Lukpo Pass, Braldu Glacier, Shimshal Pass, Shimshal village, pass, Gilgit or vice versa. | Restricted Zone | | 6. | Sokh Pass : Skardu, Askole, Biafo Glacier, Snow Lake, Sokh  La, Sokh Glacier, Sosbun Glacier, Hikmul Pass, Hoh Lungma Glacier, Arandu, Skardu, or vice versa. | Open Zone | | 7. | Haramosh Pass : Skardu, Arandu, Chogo Lungma Glacier, Haramosh La, Dache, Sassi, Gilgit or Skardu or vice ve rsa. | Do | | 8. | Stak Pass : Skardu, Stak, Stak pass, Ganto pass, Arandu, Chogo lungma Glacier, Haramosh Pass, Sassi, Skardu or Gilgit, or vice versa. | Do | | 9. | Sosbun valley : Skardu, Chakpong, Ho, Sosbun B.C., Sosbun Brakk B.C. Hoh Lungma Glacier, Hikmul Pass, Doko, Skardu or Vice versa |  | | 10. | Skoro Pass : Skardu, Askole, Skoro Pass, Shigar, Skardu or vice versa. | Do | | 11. | Thalle pass: Skardu, Shigar, Thalle pass, Bukma, Doghani to Hushe or Skardu or vice versa. | Do | | 12. | Hushe valley : Skardu, Hushe, Masherbrum B.C., Shaicho, Gondokoro B.C. K-7 B.C. Hushe, Skardu, or vice versa | Restricted Zone | | 13. | Hushe – Aling : Skardu, Hushe, Aling Glacier & back to Hushe via same route | Open Zone | | 14. | Across Deosai : Skardu, Deosai Plateau, Chillim Astore, Gilgit or vice versa. | Do | |
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| **Treks in Diamir** |
| |  |  |  | | --- | --- | --- | | 15. | Around Nanga Parbat : Gilgit, Astore, Mazeno Pass, either to Chilas via Diamer or Kachal Pass, Fairy Meadows, Raikot or Astore Via Nameless Pass, Chilas or vice versa. | Open Zone | | 16. | Fairy Meadows : Chilas, Fairy meadows, Nanga Parbat Base Camp, Jillipur Pass, Chilas. | Do | | 17. | Across Deosai : Gilgit, Astore, Chillim, Deosai plateau, Skardu, or vice versa. | Do | |
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| **Treks in Gilgit & Hunza** |
| |  |  |  | | --- | --- | --- | | 18. | Rakaposhi Base Camp : Gilgit, Jaglot, Shaltar Pass, Milt, Minapin Glacier, Miachar, Toshot, Nagar, Gilgit or vice versa | Open Zone | | 19. | Batura Glacier : Gilgit, Gulmit, Borit Lake, Patundas, Yashpirit, Shelmin, Lupdor & Retum via left side of the Batura Glacier to Passu,  Gilgit or vice versa. | Do | | 20. | Gilgit-Hassanabad: Gilgit, Hassanabad, Muchuhar Glacier, Shendar Glacier, back to the Batoqsha Glacier, Shispar Glacier, Hassanabad, Gilgit or vice versa. | Do | | 21. | Karun Pass : Gilgit, Passu, Dut, Karun Pqass, Boiber, Morkhun, Karakoram Highway & back to Gilgit or vice versa. | Do | | 22. | Chapursan Batura : Gilgit, Sost, Yashkuk by jeep & then by foot to Khkijerab Glacier & across Lupghar Pass & down to Raminji or cross 5200 meter pass & down to Lupdor & down to the Batura Glacier to Passu or vice versa. | Restricted Zone | | 23. | BarpuBarpu Glacier : Gilgit, Hunza, Hopper, across Bualbar, Glacier up the Barpu Glacier ascend to Rash Lake, Girgindal, Golden Peak base camp, retum by left side of the Barpu Glacier to Hopper & to Gilgit or vice versa. | Open Zone | | 24. | Shimshal Valley : Gilgit, Hunza, Sost, Chillinji pass, Ishkomen, Gilgit or vice versa | Restricted Zone | | 25. | Shimshal Valley :Gilgit Passu, Shimshal, Yazghil, Glacier, Yukshin Gardan Glacier, Khurdopin Glacier, Virjerab Glacier & return to Gilgit by the same route | Open Zone | | 26. | Shimshal – Chapchingal Pass : Gilgit, Passu, Shimshal, Boesam Pir Pass, Mundi Highway, Gilgit or vice versa. | Restricted Zone | | 27. | Shimshal Pass : Gilgit, Passu, Shimshal, Shimshal Pass, Yazghil Glacier, Virjerab Glacier, Shimshal Pass, Shuijerab, Shimshal Village Passu & return to Gilgit | Open Zone | | 28. | Karun Pass : Gilgit Passu, Karum Pass, Beihar, Merkhun, Sest, Gilgit or vice versa. | Open Zone | | 29. | Shimshal – Braldu Glacier – Snow Lake: Gilgit, Passu, Shimshal Village, Shuijerab, Braldu Glacier, Lukpo-La, Snow Lake & to Nagar Via Hispar La & Shspar Glacier or to Askole & Skardu via Biafo Glacier or vice versa. | Restricted Zone | | 30. | Naltar Pass; Gilgit, Cither Nomal, Naltar Pass Naltar Pass or Sher Qila, Naltar, naltar Pass, down to either Chaterkhand or to Pakhera, to lmit, down to Gilgit or vice versa. | Open Zone | | 31. | Dainter Pass : Gilgit, Nemal, Naltar, Dinter Pass, Bar, Kukuar Glacier & Baltar Glacier, Chalt to Gilgit or Chaprot Chaprot Pass, Naltar, Gilgit or Vice Versa. | Open Zone | | 32. | Thui Pass : Gilgit, Yasin, Nialthi, Thui Pass, Gazin, Mastuj, Chitral or vice versa. | Open Zone | | 33. | Nazbar Pass : Gilgit, Yasin, Nazbar Pass, Zagar Pass, Shandur Pass, Mastuj, Chitral or vice versa. | Do | | 34. | Dadar Ali Pass : Gilgit, Phander, Handrap, Dadarail Pass, Kalam, Swat, or vice versa or same upto Handrap & continue to Swatvia, Bashkaro Pass & Kalam or vice versa. | Do | | 35. | Asumsar & Ishkoman Passes : Gilgit, Chatorkhand, Asumbar Pass, Sandi, Darkot, Ishkoman Pass, Ishkoman, Gilgit or vice versa. | do | | 36. | Ishkoman & Darkut Passes : Gilgit, Ishkoman, Ishkoman Pass, Darkot, Darkot pass, Baroghil to Mastuj & back to Gilgit or Chitral | Restricted Zone | | 37. | Nazvar pass: Gilgit, Yasin, Nazbar pass, Zagar pass, Chamarkhan pass, Harchin pass, Harchin & to Chitral or Gilgit or vice versa. | Open Zone | | 38. | Haramosh pass: Gilgit, Jaglot, Sassi, Dassn, Haramosh pass, Arandu, Skardu or vice versa | Do | | 39. | Haramosh – Rakan pass-Bagrot : Gilgit Sassi, Rakan pass, Farphu, Gilgit or vice versa | Do | |